Introduction

This Medical Emergency action plan (MEAP) will cover the equipment and procedures to be used in the event of a pitch side emergency as well as roles and responsibilities of nominated individuals. The aim of this document and the plan is to minimise uncertainty and improve communication.

MEAP

Facility	• Cambuslang Rugby Club – Coats Park – Langlea Road G72 8HG • What 3 Words - Centre 1XV - (dollar.stews.newest) • Physio room – ground floor next to 1XV changing room • Access ramp for ambulance marked on plan – next to containers access from main car park

Equipment	• List of emergency equipment
	  • Team First Aid Bag
	  • Neck Collar(s) in First Aid Bag
	  • Defibrillator (Club Foyer next to main door)
	  • Crutches
	  • Spilt scoop device and headblocks
	  • Box Splints
	  • Emergency Bag with airway, breathing and circulation
	  • Ice Machine (Back Corridor next to beer cellar)
	• Landline Phone points – Members Bar and Office
	• Mobile (Coaches)

Personnel	• Matches - Team Physio (Chris Leask) – Players and Spectators • Training – (TBA) • Emergency call person – matches the Team Physio will assess and make the determination re treatment, care and call to ambulance service – training sessions this will fall to the Coach(s) / Welfare Officer. The senior member of the club committee present will be in overall charge of the incident but will defer to the First Aid qualified individual re care and treatment.
Hospitals	• For G72 emergencies, the closest hospital with a 24-hour Accident & Emergency (A&E) department is University Hospital Hairmyres - 218 Eaglesham Rd, East Kilbride, Glasgow 11 mins by car - Emergency department Open 24 hours – • Phone: 01355 585000

Communication	• With a pitch side emergency on match days the team coach(s) will ensure that the Team Physio has space and time to assess and provide first aid to any injured person. The Physio will assess whether an ambulance is required, the coach will be responsible for ensuring that a call is made to the Ambulance service. • With a pitch side emergency on training days the team coach(s) assisted by an available First Aider and / or the Welfare Officer will lead on assessing any injury, care and treatment. They will always err on the side of caution. The coach will be responsible for ensuring that a call is made to the Ambulance service when required. **Key information to be relayed to the emergency services** • The coach will ensure that the ambulance service is given the correct location, the nature of the injury / illness and the status of the casualty. • The coach will ensure that someone is nominated to meet the Ambulance and coordinate access. • The Welfare Officer /Coach is responsible for communicating with NOK/parents/carers. • If a player requires hospital care but can travel in their own transport the coach will ensure that a nominated person helps to arrange this and takes player if required. • The Welfare Officer / Rugby Secretary is responsible for recording injury on SCRUMS. • The Physio is responsible for replacing any first aid supplies used.
Debrief	• It is important that any significant event triggering the use of the MEAP is reviewed. A hot debrief is essential to ensure that involved staff are supported prior to leaving to go home. • A full debrief should occur afterwards to review processes, acknowledge what has gone well and to change MEAP if required after this review.
Pre-Event Safety Brief	• The welfare officer and Welfare Officer will meet pre match to run through the MEAP and clarify roles and communication lines in the event of a serious illness or injury.

Access ramp for ambulance marked in blue on plan – next to containers access from main car park

Facility Map	
Emergency Kit on Match Days:	• Spilt scoop device and headblocks • Spinal collar • Box Splits • Emergency Bag with airway, breathing and circulation equipment. AED • Crutches *This equipment is in the home technical zone during matches, available for both teams to use*.
Medical Team	• 1 x physio • 1 x level 1 first aider • Physio will lead management of any serious injuries and decide if an ambulance is required and communicate this to match day team. The emergency team is responsible for making sure all the medical kit is available and has been checked and working.
Matchday Team	• Team manager /Coach/Physio coordinates any emergency kit that should be brought onto the pitch if needed.

Key Contacts

Chris Leask - Physiotherapist,
Ross Mulligan – Coach –
Scott Lennox – Welfare Officer

Match Day Information

MATCH : Date :

Game	
Emergency team	
Match Day Manager	
Emergency Assist	
Pitch Location	Coats Park – Langlea Road G72 8HG (dollar.stews.newest)

Game Checklist: Detail named individual

To be completed for each Home Match – posted in Physio Room	
Emergency Kit checked	
Mobile phone available at pitch side and checked charged and has a signal	
Pre match discussion on roles and agreement on who is responsible for	
Team Lead	
Calling Emergency Services	
Communication with family	
Crowd/other player management if needed	
Debrief lead if required	